



One to One Project  
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20<sup>th</sup> July 2009

Dear Trustee,

### One to One Project Constitution

I have had a relatively helpful letter from the Charity Commission, acknowledging that they have given us poor advice in the past, and suggesting wording for the Constitution which will be acceptable to them as well as, I hope, to us.

It seems that there are two areas where we need to go through the procedures of approval by the trustees followed by approval by the membership all over again.

#### 1. The Objects of the Charity

The Commission doesn't approve of paragraph 3 of the constitution we have tried to get accepted. However, they will accept a combination of the objects in the old constitution and the objects in the new. Please consider the objects on the enclosed sheet. The first paragraph comes from the old constitution. The line starting "In furtherance" has been added by the Commission. Parts (I), (II) and (III) come from the new constitution without alteration. I think the combination should be acceptable to us.

#### 2. Payment of Trustees for Counselling

Approval of the new constitution by trustees and then the membership will enable the trustees to be paid – legally at last! However Angela and Clare will need to:

- a. Declare their interest
- b. Take no part in any discussion on Resolution I below
- c. Refrain from voting on Resolution I – the trustees will therefore have to be quorate without them

The other trustees need to record their decision that they are satisfied that it is in the interests of the Charity to employ these trustees. We have done that in the past, but to be on the safe side I think we should start again.

I suggest we have a meeting, lasting about 30 minutes, to discuss the following resolutions:

1. The trustees wish to amend Clause 9(a) of the existing constitution to provide for the remuneration of those trustees who are counsellors for the project.

The reasons for so doing are:

- a. The executive benefits from the insights of trustees who have hands on experience of working with the project's clients.
  - b. Both counsellors are highly experienced and respected.
  - c. It is less expensive to employ these trustees than to pay counsellors unconnected with the Charity.
2. The trustees wish to adopt the suggestion of the Charity Commission that clause 3 of the Constitution approved on the ..... be amended as for the attached sheet.
  3. Subject to amendment of Clause 3, the trustees approve the proposed constitution.

Yours Sincerely,

Nell Steele

## Attachment

The object of the charity is to promote for the public benefit the protection and preservation of mental and emotional health and stability and the relief of mental and emotional illness or disorder.

In furtherance of this object, but not further or otherwise, the trustees may:

- (i) Provide voluntary, supportive befriending, counselling or group work to persons, including those with dependant children, where mental health, social or emotional problems cause distress or disruption to daily living.
- (ii) Help individuals where life events, personal vulnerability factors and/or family responsibilities place them or their families at risk of breakdown.
- (iii) Initiate and manage projects, in partnership with existing mental health professionals, which provide intensive help to individuals through counselling, befriending or group work at a time of need and which reduce the risk of inappropriate health and social services provision.