The transference is possibly the most important instrument for discovering the nature of a patient or client’s inner world and an essential precondition regarding the effectiveness of in-depth treatment. Exploring the Transference offers a creative space to explore the compulsion we all have to repeat the past - between staying with the old and moving towards the new. Working with knowledge of the transference is essential for the clinician wanting to extend their skills and overall sense of competence.

This workshop will help participants develop:

- Skills to put the transference into conscious knowledge and words in clinical work with particular reference to negative, erotic and generational transference.
- Understanding about how best to make use of the transference in clinical practice.
- Confidence in recognizing the presence of unconscious repetitive processes at play.

**Session 1:** Lecture. A fully illustrated lecture that offers a historical and contemporary overview of theory.

**Session 2:** Exercises. Individual, pair and group work to help clinicians discover their experience of the transference in the consulting room.

**Session 3:** The transference on film and through case examples. Film clips and case examples with particular reference to generational, erotic and negative transference.

**Session 4:** Formulating the transference - putting the transference into words. The session completes with distribution of book and quotation lists regarding the transference.

Carol Leader is a Training and Supervising Analyst (BJAA) of the British Psychotherapy Foundation and a Senior Member of both the Jungian (BJAA) and Psychoanalytic (PPA) Associations of the BPF. Her workshops on the transference and countertransference began a number of years ago at Wpf Therapy, London.

Carol worked extensively in theatre, TV and radio before re-training as a therapist in the early 1990’s. These days she is in full time private practice, consults in business and for projects in the arts and lectures and leads training seminars in a range of professional settings.